

**National Senior Games Association  
Summer Senior Games  
Road Race Top 10 Performances**

\* Indicates NSGA record when set

\*\*1997 5K course was 400M short & 10K course 800M short

EVENT	GENDER	AGE	RANK	NAME	STATE	TIME	YEAR	RECORD	NOTE
5K	Women	50 - 54							**
			1	Josephine Marchetti	CT	18:55	1997	*	
			2	Colleen Burns	NM	19:54	2001		
			3	Kathy Foucar	NM	20:27	2001		
			4	Colleen Burns	NM	20:34	2003		
			5	Kathy Foucar	NM	20:52	2003		
			6	Jacqueline Blair	AK	20:53	2009		
			7	Yoko Eichel	CA	21:11	1999		
			8	Jane Lanford	AK	21:13	2009		
			9	Mary Ryczek	MA	21:18	1999		
			10	Christina Troffer	CA	21:20	2009		
		55 - 59							
			1	Yvette Lavigne	CA	19:36	1997	*	
				Collen Burns	NM	20:11	2009		
			2	Louise Walters	CA	20:15	1997		
			3	Zofia Turosz	CT	20:45	1997		
			4	Susie Klutz	NC	20:46	1993	*	
				Sherri Hall-Curl	CA	20:49	2009		
			5	Peggy Ainslie	WA	21:02	1989	*	
			6	Sue Fletcher	AZ	21:07	1997		
			7	Ann Viles	NC	22:18	2003		
			8	Yoko Eichel	CA	22:24	2003		
			9	Dora Brodie	NC	22:47	2003		
			10	Karen Matrille	MI	22:47	2009		
		60 - 64							
			1	Sabra Harvey	TX	19:55	2009	*	
			2	Nancy Rollins	IL	20:59	2009		
			3	Lupe Parsons	FL	21:50	1997	*	
			4	Yoshiko Takahashi	NY	21:54	1997		
			5	Janet Freeman	OH	21:57	1997		
			6	Mary Melehan	FL	22:13	1997		
			7	Tami Graf	MD	22:15	1997		
			8	Lupe Parsons	FL	22:30	1995	*	
			9	Ruthie Niederriter	PA	23:28	2009		
			10	Margie Stoll	TN	23:29	2003		
		65 - 69							
			1	Marge Ferris	IN	21:23	1997	*	
			2	Sharon Dolan	MI	23:29	2009		
			3	Marge Hoffman	SC	22:57	1997		
			4	Dorothy Bradley	WY	22:58	1997		
			5	Nessie Hollicky	CA	23:37	1997		
			6	Dorothy Bradley	WY	23:58	1995	*	
			7	Carolyn Buckner	OK	23:58	2003		
			8	Margie Stoll	TN	23:29	2009		
			9	Ann Kahl	FL	24:03	1997		
			10	Jean Bongiorno	SC	24:32	2003		
		70 - 74							
			1	Agnes Reinhard	WI	24:08	1997	*	
			2	Marge Hoffman	FL	24:42	1999		
			3	Louise Akers	VA	25:07	1997		
			4	Heide Moebius	PA	25:23	2009		
			5	Nancy Smalley	CO	25:50	1997		
			6	Shirley Goff	AR	26:15	1997		
			7	Nessie Hollicky	WA	26:17	2003		
			8	Adeline Kearney	CT	26:24	1997		
			9	Judith Smythe	CO	26:28:00	2009		
			10	Dorothy Wilhelmsen	AZ	26:34	1999		
			10	Marge Hoffman	SC	26:34	2003		
		75 - 79							
			1	Millie Bolton	OH	28:29	1997	*	
			2	Pearl Mehl	CO	29:52	1989	*	
			3	Elaine Geyer	FL	29:56	1997		
			4	Samia Doro	NM	30:46	1997		

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EVENT	GENDER	AGE	RANK	NAME	STATE	TIME	YEAR	RECORD	NOTE		
5K	Women	75 - 79	5	Mary Haines	CT	31:27	1991				
			6	Nita La Turner	NM	31:32	1999				
			7	Pearl Mehl	CO	31:37	1991				
			8	Dotty Gray	MO	32:15	2003				
			9	Millie Bolton	OH	35:37	2001				
			10	Wanda Hall	TX	38:25	2001				
			80 - 84	1	Louise Martin	VA	35:56	1997		*	
				2	Mary Haines	CT	37:03	1997			
				3	Mavis Borthick	TN	37:15	1995		*	
				4	Millie Bolton	OH	37:55	2003			
		5		Ivy Granstrom	CN	38:00	1995				
		6		Frances Smith	AR	38:33	1997				
		7		Wanda Hall	TX	38:36	2003				
		8		Valley Ellingsen	MT	38:52	2003				
		9		Allie Walker	TN	39:00	1991		*		
		10		Doreen Johnstone	FL	40:26	2009				
		85 - 89	1	Ivy Granstrom	CN	38:22	1997		*		
			2	Susie Hughes	TX	40:00	1993		*		
			3	Allie Walker	TN	40:59	1995				
			4	Rose Monda	AZ	43:35	1991		*		
			5	Olive Drew	KS	45:48	2001				
			6	Frances Smith	AR	46:01	2001				
			7	Eleanore Pease	TN	46:45	1999				
			8	Eleanore Pease	TN	47:02	1997				
			9	Susie Hughes	TX	47:10	1995				
			10	Louise Martin	VA	47:34	2003				
		90 - 94	1	Rose Monda	AZ	49:11	1995		*		
			2	Arda Perkins	FL	58:25	2001				
			3	Arda Perkins	FL	1:01:36	2003				
			4	Olive Drew	KS	1:12:02	2009				
		5K	Men	50 - 54	1	Guy Berthiaume	ME	16:27	1997	*	**
					2	Alex Silverman	MA	16:53	1997		
					3	Donald Rossman	TN	17:01	1997		
					4	Michael Barr	OH	17:10	2003		
					4	William Dixon	VT	17:10	1999		
					6	Donald Baker	KS	17:25	1997		
					6	Philip Jones	LA	17:25	2009		
					8	Michael Jenkins	TX	17:26	2003		
					8	Kyle Hubbart	CO	17:26	2009		
					10	Steve White	TX	17:27	1999		
				55 - 59	1	Jerry McGath	MS	16:35	1997		*
					2	David Mellady	AZ	17:10	1997		
					3	Jerry McGath	MS	17:18	1993		*
					4	Bill Harding	TX	17:21	1997		
					4	Robert Milner	NY	17:21	1991		*
6	John Pelton				VT	17:24	1997				
7	Matthys Bax				IL	17:47	2003				
8	Guy Berthiaume				ME	18:01	2001				
9	Ronald Ruffin				MI	18:25	2003				
10	Leo Vandervlugt				IL	18:32	2009				
60 - 64	1			Jack Gentry	AR	17:27	1989		*		
	2			Richard Silva	RI	17:43	1997				
	3			Bill Borla	CT	17:45	2001				
	4			Joe Fernandez	MA	17:47	1991				
	5			Bill Borla	CT	18:12	2003				
	6			Fred Dice	OK	18:16	1997				

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EVENT	GENDER	AGE	RANK	NAME	STATE	TIME	YEAR	RECORD	NOTE		
5K	Men	60 - 64	7	Paul Heitzman	KS	18:19	1995				
			8	Steve Blanchard	OK	18:20	1993				
			9	Craig Anderson	WA	18:20	2009				
					10	John Pelton	VT	19:08	2001		
		65 - 69			1	Paul Heitzman	KS	17:38	1997	*	
					2	Joseph Fernandez	MA	18:00	1997		
					3	James Beall	MI	19:11	1995	*	
					4	Walter Gale	CT	19:12	1997		
					5	Carl Ellsworth	CA	19:26	1997		
					5	Bill Borla	CT	19:26	2009		
			7	Patrick Gallagher	MO	19:27	1991	*			
			8	Harold Wilson	TX	19:58	2001				
			9	Boy Toy	TX	20:00	2001				
			10	George Mathes	CO	20:26	2001				
70 - 74			1	Fred Frost	SD	18:59	1997	*			
			2	Will Metz	MT	19:39	1991	*			
			3	Cokey Daman	VA	20:17	1989	*			
			4	Ernie Hirschfeld	MO	20:42	1999				
			5	Austin Newman	NJ	20:44	1989				
			6	Paul Amadio	OH	20:53	1989				
			7	Patrick Gallagher	MO	20:59	1997				
			8	William Bunten	KS	22:00	2003				
			9	Orville Kremmer	TX	22:05	2003				
			10	Jim Lynch	NH	22:28	2003				
75 - 79			1	Will Metz	MT	21:03	1997	*			
			2	Austin Newman	NJ	21:31	1991	*			
			3	Ed Benham	MD	22:02	1987	*			
			4	William Tribou	CT	22:17	1997				
			5	Eugene Keller	OH	22:36	1991				
			6	Edmund Vuolo	CT	22:38	1991				
			7	Juan Sastoque	TX	22:55	2009				
			8	Wade Creekmore	MS	24:23	2009				
			9	Harold Carey	IN	25:04	2001				
			10	Llyod Joyce	TX	25:57	2009				
80 - 84			1	Ed Benham	MD	21:46	1989	*	♦		
			2	Edmund Vuolo	CT	24:56	1997				
			3	Harold Carey	IN	25:25	2003				
			4	Bill Tribou	CT	25:54	2001				
			5	Eugene Keller	OH	25:59	1995				
			6	Gordon Johnson	FL	26:37	1999				
			7	Nianxiang Xie	MD	27:02	2009				
			8	Jim Hamilton	NC	27:08	2003				
			9	Jesse Jolly	TN	27:30	1997				
			10	Bob Davidson	CT	27:39	2009				
85 - 89			1	Jerzy Kuszakiewicz	TX	27:54	2001	*			
			2	Roy Englert	VA	34:33	2009				
			3	Charles Ross	GA	35:47	2009				
			4	Jim Hamilton	NC	35:52	2009				
			5	Anthony Denardis	NM	36:32	1997				
			6	John Pianfetti	WV	38:42	1995	*			
			7	George Boucher	SC	38:53	2001	*			
			8	John Pianfetti	WV	39:00	1997				
			9	Jesse Jolly	TN	44:32	2003				
			10	O.B. Poole	GA	50:44	2001				
90 - 94			1	Albert Davis	AR	51:46	2009	*			
			2	Harold Hoffmann	NC	52:57	2003	*			

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10K	Women	50 - 54							**
			1	Mary Ryczek	MA	43:20	1999	*	
			2	Jacqueline Blair	MI	44:36	2009		
			3	Christina Troffer	CA	44:40	2009		
			4	Kathy Foucal	NM	45:30	2003		
			5	Angie Ransom	AR	45:33	2001		
			6	Octavia Childress	SC	45:36	1997	*	
			7	Barbara Bloom	VT	46:40	1997		
			8	Donna Sims	MT	48:13	1997		
			9	Ileta Coley	MT	48:31	1997		
			10	Linn Smith	FL	48:36	1997		
		55 - 59							
			1	Louise Walters	CA	42:16	1997	*	
			2	Francis Ard	LA	42:24	1993	*	
			3	Zofia Turosz	CT	43:03	1997		
			4	Nancy Littlefield	UT	43:46	1999		
			5	Sherri Hall-Curl	CA	43:02	2009		
			6	Susie Kluttz	NC	44:03	1993		
			7	Rusty Barnett	CA	44:40	1997		
			8	Zofia Turosz	CT	44:56	1995		
			9	Billie Stacy	OH	44:56	1987	*	
			10	Kathy Foucal	NM	45:22	2009		
		60 - 64							
			1	Sabra Harvey	TX	41:58	2009		
			2	Nancy Rollins	IL	43:55	2009		
			3	Lupe Parsons	FL	46:26	1997	*	
			4	Tami Graf	MD	47:22	1997		
			5	Jean Bongiorno	SC	48:00	1999		
			6	Charlotte Belless	CO	48:02	1997		
			7	Yoshiko Takahashi	NY	48:06	1997		
			8	Heide Moebius	PA	48:31	1999		
			8	Andrea Gerbstadt	PA	49:02	1995	*	
			10	Madonna Buder	WA	49:02	1993	*	
		65 - 69							
			1	Marge Ferris	IN	44:36	1997	*	
			2	Sharon Dolan	MI	47:33	2009		
			3	Marge Hoffman	SC	47:51	1997		
			4	Dorothy Bradley	WY	48:21	1997		
			5	margie Stoll	TN	49:26	2009		
			6	Pepper Davis	FL	50:07	1993	*	
			7	Nessie Hollicky	CA	50:28	1997		
			8	Betsy Hall	NH	50:42	1999		
			9	Rosemarie James	TX	50:51	1997		
			10	Jean Bongiorno	SC	51:11	2003		
		70 - 74							
			1	Marge Hoffman	FL	51:25	1999	*	
			2	Agnes Reinhard	WI	51:29	1997	*	
			3	Heide Moebius	PA	52:53	2009		
			4	Ann Kahl	FL	53:37	1999		
			5	Loretta Shehan	NY	56:42	1993	*	
			6	Marge Hoffman	SC	57:25	2003		
			7	Kay Morrison	MD	57:32	1997		
			8	Pepper Davis	FL	58:12	1997		
			9	Agnes Reinhard	WI	58:26	1999		
			10	Nessie Hollicky	WA	58:35	2003		
		75 - 79							
			1	Ruth Munro	HI	1:00:12	1999	*	
			2	Elizabeth Gerhardt	MO	1:00:15	1999		
			3	Wanda Hall	TX	1:00:18	1999		
			4	Wilma Calvin	CA	1:00:25	2009		
			5	Nona Todd	AZ	1:00:29	1999		
			6	Louise Martin	VA	1:02:25	1993	*	
			7	Elain Geyer	FL	1:02:43	1997		

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10K	Women	75 - 79	8	Samia Doro	NM	1:06:32	1997				
			9	Val Ellingsen	MT	1:07:13	1997				
			10	Pearl Mehl	CO	1:07:58	1989	*			
		80 - 84	1	Mavis Borthick	TN	1:00:34	1999	*			
			2	Louise Martin	VA	1:16:02	1997	*			
			3	Mavis Borthick	TN	1:19:47	1997				
			4	Rose Monda	AZ	1:22:41	1987	*			
			5	Mia Wilshusen	AZ	1:23:27	1987				
			6	Ivy Granstrom	CN	1:23:32	1995				
			7	Susie Hughes	TX	1:24:05	1989				
			8	Wanda Hall	TX	1:31:18	2003				
			9	Louise Martin	VA	1:33:13	2001				
			10	Elizabeth Gerhardt	MO	1:33:19	2001				
		85 - 89	1	Susie Hughes	TX	1:21:50	1993	*			
			2	Ivy Granstrom	CN	1:26:38	1997				
			3	Rose Monda	AZ	1:34:43	1991	*			
			4	Louise Martin	VA	1:39:57	2003				
			5	Mary Kirsling	NM	1:42:26	2009				
			6	Wanda Hall	TX	1:48:37	2009				
			7	Mavis Borthick	TN	1:52:53	2001				
			8	Mary Haines	CT	2:10:27	2003				
			9	Susie Hughes	TX	2:12:28	1995				
		10K	Men	50 - 54	1	William Dixon	VT	35:44	1999	*	
					2	Donald Rossman	TN	35:53	1997	*	
					3	Thys Bax	IL	36:14	1999		
					4	Michael Jenkins	TX	36:26	2003		
					5	Michael Barr	OH	36:33	2003		
					6	Steve White	TX	37:25	1999		
					7	Donald Baker	KS	37:25	1997		
					8	Bernie Candy	FL	37:28	1999		
9	Ian Rodger				TX	38:07	1999				
10	John Soltis				NY	38:12	1997				
55 - 59	1			Jerry McGath	MS	34:19	1997	*			
	2			Jerry McGath	MS	35:33	1995	*			
	3			Jerry McGath	MS	35:38	1993	*			
	4			David Mellady	AZ	36:02	1997				
	5			Bill Borla	CT	36:16	1999				
	6			David Graham	CN	36:19	1997				
	7			Bill Harding	TX	36:23	1997				
	8			Matthys Bax	IL	38:20	2003				
	9			Douglas Pautz	TX	39:09	2009				
	10			Leo Vandervlugt	IL	39:11	2009				
60 - 64	1			Joe Fernandez	MA	36:56	1991	*			
	2			Fred Dice	OK	37:26	1997				
	3			Joseph Fernandez	MA	37:27	1993				
	4			Richard Silva	RI	37:47	1997				
	5			Edward Stabler	NY	38:09	1991				
	6			Bill Borla	CT	38:20	2001				
	7			Jack Gentry	AR	38:29	1989	*			
	8			Bill Borla	CT	38:37	2003				
	9			Robert Launsby	CO	39:43	2009				
	10			Richard Senti	AZ	40:42	2009				
65 - 69	1	Joseph Fernandez	MA	37:15	1997	*					
	2	Paul Heitzman	KS	38:09	1997						
	3	Bill Borla	CT	40:05	2009						
	4	Jim Blount	FL	40:16	1995	*					
	5	Jack Gentry	AR	40:36	1993	*					

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<b>EVENT</b>	<b>GENDER</b>	<b>AGE</b>	<b>RANK</b>	<b>NAME</b>	<b>STATE</b>	<b>TIME</b>	<b>YEAR</b>	<b>RECORD</b>	<b>NOTE</b>		
<b>10K</b>	<b>Men</b>	<b>65 - 69</b>	6	Paul Heitzman	KS	40:48	1999				
			7	Patrick Gallagher	MO	41:06	1991	*			
			8	Dale Goering	NM	41:09	1997				
			9	Harold Wilson	TX	43:13	2001				
		10	Bill Toy	TX	43:26	2001					
		<b>70 - 74</b>			1	Will Metz	MT	41:57	1991	*	
					2	Ernie Hirschfeld	MO	43:11	1999		
					3	Cokey Daman	VA	43:48	1989	*	
					4	Patrick Gallagher	MO	44:31	1995		
					5	Patrick Gallagher	MO	44:43	1997		
6	Will Metz				MT	44:46	1993				
7	Austin Newman				NJ	44:50	1989				
8	Orville Kremmer				TX	46:59	2003				
9	Duane Lougee				VA	47:35	2009				
10	Tom Cooks				AZ	47:59	2001				
<b>75 - 79</b>			1	Oscar Burris	MS	44:13	1997	*			
			2	Will Metz	MT	44:33	1997				
			3	Austin Newman	NJ	45:28	1991	*			
			4	Ed Benham	MD	45:35	1987	*			
			5	Edmund Vuolo	CT	48:14	1991				
			6	Eugene Keller	OH	49:21	1991				
			7	Orville Kremmer	TX	54:44	2009				
			8	Ted Hine	OK	56:35	2003				
			9	Denis Dirscherl	OH	56:41	2009				
			10	Howard Mayer	TX	1:00:34	2003				
<b>80 - 84</b>			1	Ed Benham	MD	47:05	1989	*	♦		
			2	Edmund Vuolo	CT	53:16	1997				
			3	Dudley Healy	NJ	53:22	1997				
			4	Eugene Keller	OH	53:40	1995				
			5	Dudley Healy	NJ	53:48	1995				
			6	Gordon Johnson	FL	54:39	1999				
			7	Hans- Rudolf Gahler	WA	56:51	2009				
			8	Bob Davidson	CT	58:06	2009				
			9	Goryun Nigogosyan	NY	58:41	1997				
			10	Jim Hamilton	NC	59:45	2003				
<b>85 - 89</b>			1	Orion Poole	GA	1:00:36	1999	*			
			2	David Heiman	CA	1:03:33	2001				
			3	Goryun Nigogosyan	NY	1:14:43	2003				
			4	John Pianfetti	WV	1:19:32	1995	*			
			5	Charles Ross	GA	1:20:04	2009				
			6	Jim Hamilton	NC	1:23:16	2009				
			7	John Pianfetti	WV	1:38:43	1997				
			8	Claudis Hawkins	AL	1:42:30	2003				
<b>90 - 94</b>			1	George Boucher	SC	1:31:18	2003	*			